Kosten € 15,00 vooraf, **boven** bij de jury **gepast** betalen

Eigen armbandjes mee, Trainers, blokjes leggen en opruimen.

Let op! Er moeten transponders gedragen worden.

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| Voorlopige planning |  |  |
| Inrijden |  | 15.30-15.37 |
| 500m |  |  | 15.37-15.49 |
| 5000m |  | 15.52-16.08 |
| Baanverzorging | 16.08-16.23 |
| 3000m |  |  | 16.23-16.34 |
| 1500m |  | 16.37-16.46 |
| 1000m |  | 16.52-17.00 |

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| **1. Loting 500 meter** |
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|  |  |  | **Naam** | **Cat** |  | **PR** | **ST** | **Tijd** |
| 1 | wt | 39 | **Amanda van Vugt** | DC2 |  | 42.10 | 42.10 |  |
| rd | 9 | **Sharissa Oussoren** | DA1 |  | 41.60 | 41.81 |  |
| 2 | gl | 8 | **Anouk Kˆnst** | DA2 |  | 43.72 | 43.72 |  |
| bl | 36 | **Naomi Wessels** | DB1 |  | 42.98 | 42.98 |  |
| 3 | wt | 17 | **Milou de Lange** | DA2 |  | 40.78 | 41.19 |  |
| rd | 27 | **Maud Blokhorst** | DB2 |  | 41.30 | 41.30 |  |
| 4 | gl | 33 | **Leander Korevaar** | HB1 |  | 41.45 | 41.45 |  |
| bl | 40 | **Niels Hiddink** | HB1 |  | 40.69 | 40.69 |  |
| 5 | wt | 6 | **Kim Talsma** | DSA |  | 39.64 | 40.01 |  |
| rd | 15 | **Elanne de Vries** | DA2 |  | 40.45 | 40.45 |  |
| 6 | gl | 31 | **Lotte Donderwinkel** | DA2 |  | 40.64 |  |  |
| bl | 34 | **Boaz Buter** | HA2 |  | 40.58 | 40.58 |  |
| 7 | wt | 16 | **Taeke Jongbloed** | HB2 |  | 38.85 | 38.85 |  |
| rd | 37 | **Lucas Fabrie** | HB2 |  | 38.48 | 38.48 |  |
| 8 | gl | 29 | **Sietse de Vries** | HA2 |  | 38.33 | 38.33 |  |
| bl | 38 | **Julian Kant** | HA1 |  | 39.24 | 39.82 |  |
| 9 | wt | 30 | **Jack Boekema** | HB1 |  | 36.75 | 36.75 |  |
| rd | 10 | **Tygo Kompier** | HA2 |  | 36.99 | 37.35 |  |
| 10 | gl | 7 | **Jens Halfweeg** | HA1 |  | 37.44 | 37.44 |  |
| bl | 1 | **Marrit Fledderus** | DSA |  | 37.51 | 37.66 |  |
| 11 | wt | 4 | **Mats Siemons** | HN3 |  | 35.01 | 35.01 |  |
| rd | 21 | **Geophrey Coenraad** | HA1 |  | 36.12 | 36.12 |  |
| 12 | gl | 13 | **Yoeri van Bostelen** | HN1 |  | 36.38 | 36.38 |  |
| bl | 22 | **Bryant Boogert** | HN1 |  | 35.68 | 35.69 |  |

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| **2. Loting 5000 meter** |
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|  |  |  | **Naam** | **Cat** |  | **PR** | **ST** | **Tijd** |
| 1 | wt | 12 | **Susanne Prins** | DN1 |  | 7:51.13 | 7:51.44 |  |
| rd | 45 | **Nomdo de Heer** | HN4 |  | 7:42.55 | 7:42.55 |  |
| 2 | gl | 26 | **Friso van Vliet** | HB2 |  |  |  |  |
| bl | 24 | **Jort de Gans** | HN1 |  |  |  |  |
| 3 | wt | 20 | **Rinse Franken** | HA2 |  | 7:08.58 | 7:12.34 |  |
| rd | 14 | **Jasper van der Marel** | HN1 |  | 6:48.23 | 6:48.23 |  |
| 4 | gl | 19 | **Eise van Schijndel** | HA2 |  | 6:50.86 | 6:53.92 |  |
| bl | 23 | **Niels van Reeuwijk** | HN1 |  | 6:49.93 | 6:49.93 |  |

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| **3. Loting 3000 meter** |
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|  |  |  | **Naam** | **Cat** |  | **PR** | **ST** | **Tijd** |
| 1 | wt | 18 | **Evi de Ruijter** | DA1 |  | 4:27.79 | 4:27.79 |  |
| rd | 27 | **Maud Blokhorst** | DB2 |  | 4:54.26 |  |  |
| 2 | gl | 5 | **Isa Leroy** | DA2 |  | 4:20.99 | 4:22.82 |  |
| bl | 44 | **Luuk van Dijk** | HN2 |  | 5:02.05 |  |  |
| 3 | wt | 25 | **Bodhi Smeele** | HA1 |  | 4:02.08 | 4:02.08 |  |
| rd | 28 | **Julian de Boer** | HA1 |  | 4:04.39 | 4:04.39 |  |
| 4 | gl | 43 | **Pieter-Jorn Gemser** | H45 |  | 4:06.86 | 4:10.57 |  |
| bl | 35 | **Max Eppinga** | HA2 |  | 4:11.11 | 4:11.11 |  |

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| **4. Loting 1500 meter** |
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|  |  |  | **Naam** | **Cat** |  | **PR** | **ST** | **Tijd** |
| 1 | wt | 36 | **Naomi Wessels** | DB1 |  | 2:22.08 | 2:22.08 |  |
| rd | 39 | **Amanda van Vugt** | DC2 |  | 2:12.81 | 2:12.81 |  |
| 2 | gl | 11 | **Amber Koetsier** | DB2 |  | 2:12.78 | 2:13.59 |  |
| bl | 8 | **Anouk Kˆnst** | DA2 |  | 2:08.96 | 2:09.56 |  |
| 3 | wt | 38 | **Julian Kant** | HA1 |  | 2:00.96 | 2:01.83 |  |
| rd | 34 | **Boaz Buter** | HA2 |  | 1:59.70 | 1:59.70 |  |
| 4 | gl | 37 | **Lucas Fabrie** | HB2 |  | 2:02.77 | 2:02.77 |  |
| bl | 33 | **Leander Korevaar** | HB1 |  | 2:06.70 | 2:06.70 |  |
| 5 | wt | 2 | **Louis Hollaar** | HSA |  | 1:45.02 | 1:45.89 |  |
| rd | 32 | **Kai-Arne Ottenhoff** | HA1 |  | 1:56.10 | 1:56.10 |  |
| 6 | gl | 29 | **Sietse de Vries** | HA2 |  | 1:53.52 | 1:53.68 |  |
| bl | 16 | **Taeke Jongbloed** | HB2 |  | 1:57.55 | 1:57.55 |  |

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| **5. Loting 1000 meter** |
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|  |  |  | **Naam** | **Cat** |  | **PR** | **ST** | **Tijd** |
| 1 | wt | 17 | **Milou de Lange** | DA2 |  | 1:20.70 | 1:22.70 |  |
| rd | 9 | **Sharissa Oussoren** | DA1 |  | 1:23.25 | 1:23.89 |  |
| 2 | gl | 15 | **Elanne de Vries** | DA2 |  | 1:22.21 | 1:23.05 |  |
| bl | 31 | **Lotte Donderwinkel** | DA2 |  | 1:23.78 |  |  |
| 3 | wt | 6 | **Kim Talsma** | DSA |  | 1:17.24 |  |  |
| rd | 42 | **Katja Franzen** | DSB |  | 1:17.30 | 1:20.51 |  |
| 4 | gl | 7 | **Jens Halfweeg** | HA1 |  | 1:16.14 | 1:16.14 |  |
| bl | 41 | **Bart Seffinga** | H40 |  | 1:12.16 | 1:17.24 |  |
| 5 | wt | 13 | **Yoeri van Bostelen** | HN1 |  | 1:11.87 | 1:11.87 |  |
| rd | 3 | **Hein Otterspeer** | HSB |  | 1:06.95 | 1:08.62 |  |
| 6 | gl | 30 | **Jack Boekema** | HB1 |  | 1:13.15 | 1:13.15 |  |
| bl | 10 | **Tygo Kompier** | HA2 |  | 1:13.11 | 1:13.11 |  |

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